

# Middle School Lunch October 2019



Daily entrée choices:

- Pizza
- Burrito
- Burger or Spicy Chicken Patty
- Smoothie or Pafait
- Salad featured on Thursdays

**Salad of the Month:**  
**Mandarin Orange Salad**

Choice of 1%  
White or Nonfat  
Chocolate Milk offered daily!

Monday

Tuesday

Wednesday

Thursday

Friday

Help us celebrate

**Hispanic** Heritage **Month**

Sept 15-Oct 15



1 CHEESE & GREEN CHILE QUESADILLA  
PINTO BEANS  
**\*MEXICORN\***  
DICED PEACHES  
JELLO

2 **\*MAKE YOUR OWN TOSTADA BOWL\***  
-CHOICE OF MEAT-  
SHREDDED  
ROMAINE LETTUCE  
DICED TOMATO  
SOUR CREAM  
RED SALSA  
FRESH GRAPES



3 CHICKEN & GREEN CHILE TAMALES  
REFRIED BEANS  
3 WAY SALAD  
RANCH DRESSING  
MIXED FRUIT

4 WG BEEF BEAN AND CHEESE BURRITO  
**\*MEXICORN\***  
RED SALSA  
FRESH STRAWBERRIES

7 NO SCHOOL



8 NO SCHOOL

9 NO SCHOOL

10 NO SCHOOL

11 NO SCHOOL



Students are offered a choice of fruit or vegetables, they must take a 1/2 cup of either or a combination of both to achieve a reimbursable meal.

**National School Lunch Week Oct 14th-Oct 18th**

14 POPCORN CHICKEN  
CRINKLE CUT FRIES  
GREEN BEANS  
APPLESAUCE

15 TACO SALAD  
PINTO BEANS  
SOUR CREAM  
RED SALSA  
DICED PEARS  
**HALLOWEEN COOKIE**

16 CHEESEBURGER  
CURLY FRIES  
SHREDDED  
ROMAINE LETTUCE  
TOMATO SLICES  
DILL PICKLES  
FRESH ORANGE

17 WG BEEF DOUBLE DOGS  
BABY CARROTS  
BROCCOLI BUDS  
RANCH PACKET  
RED APPLE

PTC



18 WG PIZZA STICK  
MARINARA SAUCE  
CELERY STICKS  
RANCH PACKET  
RED APPLE

PTC

21 CHICKEN STICKS  
GREEN BEANS  
TATER TOTS  
MIXED FRUIT



22 BEEF HOT DOG  
CRINKLE CUT FRIES  
SWEET BBQ BEANS  
CINNAMON  
APPLESAUCE

23 SOFT BEEF TACO  
SHREDDED  
ROMAINE LETTUCE  
DICED TOMATO  
RED SALSA  
SOUR CREAM  
DICED PEACHES



24 BEEF TACO STICK  
SALSA CUP  
CELERY STICKS  
RANCH PACKET  
FRESH PLUM

PTC

25 WG GALAXY  
PEPPERONI PIZZA  
BABY CARROTS  
BROCCOLI BUDS  
RANCH PACKET  
FRESH PLUM

PTC

28 CHICKEN NUGGETS  
GREEN BEANS  
COOKED CORN  
FRESH KIWI

29 CORNDOG  
CRINKLE CUT FRIES  
SWEET BBQ BEANS  
APPLESAUCE



30 CHICKEN SANDWICH  
SHREDDED  
ROMAINE LETTUCE  
TOMATO SLICES  
DILL PICKLES  
MIXED FRUIT

**HAPPY HALLOWEEN!**

31 CHILI CHEESE NACHOS  
COOKED BROCCOLI  
DICED TOMATO  
SOUR CREAM  
PINEAPPLE TIDBITS  
**\*NEW\* PUMPKIN PUDDING**

