













Traditional Breakfast October 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 SAUSAGE BREAKFAST PIZZA DICED PEARS VERY BERRY JUICE	2 FRENCH TOAST STICKS APPLESAUCE ORANGE JUICE	3 CRUMB SQUARE BANANA APPLE JUICE	4 CHEESY CHORIZO QUESADILLA RED APPLE DICED PEACHES 
7 NO SCHOOL	8 NO SCHOOL  : means made fresh at Central Kitchen  : means semi-scratch cooking	9 NO SCHOOL	10 NO SCHOOL	11 NO SCHOOL 
14 BANANA CHOCOLATE CHIP BENEFIT BAR MIXED FRUIT DICED PEACHES	15 FLUFFY PANCAKE EGGSTRAVAGANZA APPLESAUCE VERY BERRY JUICE 	16 BLUEBERRY MUFFIN DICED PEARS ORANGE JUICE	17 HONEY WHEAT BREAKFAST BAR MANDARIN ORANGES APPLE JUICE 	18 POTATO CHORIZO BURRITO MIXED FRUIT RED APPLE 
21 LEMON CRUNCH BAR MANDARIN ORANGES DICED PEARS 	22 PIZZA BAGEL APPLESAUCE VERY BERRY JUICE	23 CHOCOLATE CHIP MUFFIN MIXED FRUIT ORANGE JUICE	24 SUNRISE SANDWICH DICED PEARS APPLE JUICE	25 BREAKFAST SAUSAGE MUFFIN DICED PEACHES FRESH STRAWBERRIES 
28 WG PAN DULCE DICED PEARS DICED PEACHES	29 PANCAKE GRIDDLE SANDWICH MANDARIN ORANGES VERY BERRY JUICE 	30 MINI BLUEBERRY WAFFLES DICED PEARS ORANGE JUICE	31 HAWAIIAN BREAKFAST SANDWICH MIXED FRUIT APPLE JUICE 	

Choice of 1%
White or
Nonfat
Chocolate
Milk offered
daily!

Cereal
choice
offered
Monday-
Friday

Menu is subject to change

This institution is an equal opportunity provider.